In Healing Zen, her book on application of Zen principles to nursing care, Ellen Birx shares with readers her life-long experiences with patients and how the practice of Zen has enriched and guided her work. She alternates the use of stories with sayings and verses from three classic Koan collections-the Mumonkan, the Hekiganroku, and the Denkoroku. Through the ages, Zen has had an open and inclusive perspective, starting out in India in 600 B.C. and spreading to...