Sound sex and the aging heart

IVAN MENSHE;

Abstract

Originally published in Contemporary Psychology: APA Review of Books, 1975, Vol 20(2), 168. Reviews the book, Sound sex and the aging heart by Lee D. Scheingold and Nathaniel N. Wagner (see record 1975-00950-000). "This book is intended for anyone who is concerned with sexual behavior and its effect upon the heart. Our focus is on the aging heart..." Although this introduction does not exclude scientists and professionals, the text is designed for the general public and reads at times like a manual. It is written in elementary fashion, with a glossary, and derives from experience in a cardiac "work evaluation clinic." (PsycINFO Database Record (c) 2006 APA, all rights reserved)
Ageing itself abolishes neither the need nor the capacity for sexual activity. A number of studies confirm the continuance of sexual activity in old age. Normal physiological changes with age affect erectile function and ejaculation in males, and the vaginal tissue in females. Psychological and social factors that affect sexual function in old age include the individual's degree of sexual activity throughout earlier life, the psychological resiliency in adapting to the altered physiological conditions, demographic factors, and society's attitudes towards sex in old age. 30 Scheingold, L. D. and Wagner, N. N., Sound Sex and the Aging Heart. Human Sciences Press, New York, 1974. 31 Kent, S., Impotence as a consequence of organic disease. 20 Sex Sounds (Ohh God! (Moans of Sexual Pleasure), Couple Fucking, Moan of Pleasure (Making Love) and more). 20 tracks (37:09). Discover more music, concerts, videos, and pictures with the largest catalogue online at Last.fm. ? What is scrobbling? Scrobbling is when Last.fm tracks the music you listen to and automatically adds it to your music profile. Learn more. Recent Listening Trend.